Safe Medicine Disposal

Check all storage spaces for unused and expired medicine. Expiration dates are found on your medicine bottle or card.

Getting rid of unused medicine will help you:

› Avoid taking the wrong medicine or the wrong dose.
› Prevent unintended use of medicine, including pain medicines like opioids.
› Lower the risk of poisoning kids and pets.

Do not share your medicine with others.

Learn how to dispose of unwanted or expired medicine.

› View the phone numbers and websites on the back of this card.
› Visit the Dose of Reality and Healthy Androscoggin websites for information.
› Find a disposal site near you. Site locations are available on the Dose of Reality website.
› Ask your doctor or pharmacist how to properly dispose of unwanted or expired medicine. You can find the telephone number on your medicine bottle or card.

For More Information on Medicine Disposal

Dose of Reality:
Disposal and Drug Take Back

Maine Overdose Prevention Project

http://doseofrealitymaine.org/drug-takeback
http://overdosepreventionproject.org

For More Information on Pain Medicines

Healthy Androscoggin:
Proper and Safe Drug Disposal

Preventing Prescription Drug Misuse: Protecting Maine

http://www.healthyandroscoggin.org/healthy-androscoggin/substance-abuse/
www.maine.gov/ag/initiatives/drugsummit2011/

This material was prepared by the New England QIN-QIO, the Medicare Quality Innovation Network-Quality Improvement Organization for New England, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy.

CMSME_C3-6_100517_1177 | Revised 040918