Additional Tests and Procedures

**Annual blood work**
Your yearly blood work might include tests to measure your cholesterol (lipids), potassium, creatinine and A1c.

**Microalbumin (urine test)**
This helps measure how well your kidneys are working. This test should be done every year.

**Flu Vaccine**
A yearly flu shot can help you keep healthy during the flu season.

**Pneumonia Vaccine**
Get a pneumonia shot by age 65, and then get a booster after age 65 or as directed by your doctor.

**Foot Exam**
Your doctor should check your feet at every visit. It’s important to detect foot problems or loss of sensation as early as possible. A thorough exam using a monofilament should be done yearly.

**Dilated Eye Exam**
See an eye care professional every year for a diabetes-related eye exam.

**Dental Exam**
To prevent gum disease, a dental cleaning every 6 months is recommended.