

News At Your Fingertips

A monthly newsletter for primary care and specialty physician practices across New England

American Heart Association Diet and Lifestyle Recommendations

A healthy diet and lifestyle are the best weapons to fight cardiovascular disease. Share the American Heart Association's (AHA) diet and lifestyle recommendations with your patients. Help them make small changes in their lifestyle to improve their overall health. [Learn more about the recommendations.](#)



Two Weeks of Inactivity in Seniors with Prediabetes Can Trigger Diabetes

According to a new study published in *The Journals of Gerontology*, two weeks of physical inactivity is all it may take to trigger full-blown diabetes in seniors with prediabetes. Researchers asked study participants between the ages of 60 and 85 to limit their steps to less than 1,000 for two weeks, which is the equivalent of being housebound. They found that study participants' skeletal muscle mass and strength decreased significantly, and people with prediabetes quickly displayed signs of full-blown Type 2 diabetes. [Read more about the study.](#)

EXTENDED TO JULY 2019 - Improve Diabetes Care and Outcomes, Lower Costs and Generate Revenue

The opportunity to potentially capture revenue for work you may already be doing has been extended to July 2019. [Schedule a free professional consultation](#) with Mary Ann Hodorowicz, a nationally-recognized reimbursement expert, to learn how to operationalize your diabetes programs so you can generate revenue and improve clinical and behavioral outcomes of persons with diabetes.

[Download this guide](#) to learn how your practice can become ADA/AADE recognized/certified and maximize the opportunities for diabetes education reimbursement.



NOW AVAILABLE: Quality Payment Program Performance Feedback and Targeted Review Video Demonstrations

If you participated in the Merit-based Incentive Payment System (MIPS) in 2017, your MIPS final score and performance feedback are now available for review on the Quality Payment Program (QPP) website. The Centers for Medicare & Medicaid Services (CMS) recently posted videos to help you access your performance feedback for the 2017 performance year. **View the demonstration videos below:**

[How to Request a Targeted Review](#)
[How to Access Performance Feedback for Individuals](#)

[How to Access Performance Feedback for APM Entities](#)
[How to Access Performance Feedback for Voluntary Submitters](#)

QPP Participation Status Tool Now Includes First Snapshot of 2018 Qualifying APM Participant and MIPS APMs Data

CMS recently updated its [QPP Participation Status Tool](#) to include 2018 Qualifying APM Participant (QP) and MIPS APM status. The tool has been updated based on calculations from the first snapshot of data from APM entities. The first snapshot includes data from Medicare Part B claims with **dates of service between January 1 and March 31, 2018**. Read our recent [QPP Quick Bits blog post](#) to learn more.

PATIENT & FAMILY ADVISORY COUNCIL (PFAC) SPOTLIGHT

Meet Donna Drouin

"Spreading the patient-family centered care model is paramount to me. I was invited to join the New England QIN-QIO PFAC to offer my experience as the co-chair of a small community hospital's successful PFAC and the experience of being on the development committee and a member of the new Connecticut Hospital Association (CHA) PFAC. I am passionate about expanding the awareness and the importance of the patient-centered care model to staff and families across New England in an effort to minimize medical errors, improve safety, enable better outcomes, and provide the confidence families need to understand and discuss treatment with medical staff."

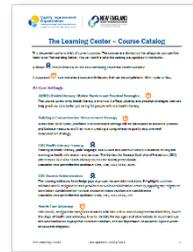
[Learn more about Donna and her journey as a PFAC Advisor here.](#)



New Course Catalog for *The Learning Center*!

Education is a key strategy to maintaining quality and improving outcomes. Our online education system, *The Learning Center*, provides a selection of FREE, bite-sized educational materials to all healthcare providers. Earn continuing education credits or a certificate!

[View our Course Catalog and register for *The Learning Center* today!](#)



Upcoming Learning Opportunities

WEBINAR: MIPS Practice Success – Lessons from Year 1 Maximizing Your Workflow for Successful MIPS Year 2 Reporting

August 21, 12:00pm - 1:00pm
[Register now](#)

WEBINAR: Updates on Flu, Pneumonia, and Shingles Immunizations for the 2018-2019 Season

August 28, 12:00pm - 1:00pm
[Register now](#)

OPEN CALL: Quality Payment Program

August 29, 11:30am - 12:30pm
[Sign up for the Open Calls](#)

WEBINAR: Reducing Inappropriate Antibiotic Prescribing in Outpatient Settings Using Behavioral Interventions

August 29, 3:00pm - 4:30pm
[Register now](#)

Immunization Resources to Prepare Your Patients for the Flu Season

We are pleased to provide you with the latest news and updates for the 2018-2019 Flu Season. [Download our Patient Immunization Community newsletter](#) to share in your waiting rooms and other public areas.



As your regional QIN-QIO, we are committed to providing you with no-cost, innovative quality improvement services to support the success of your practice.

[Contact us today!](#)