Ask 5 questions about your medicine.

Why take it?  What is it?  When to take it?
How to take it?  What are the side effects?

All your doctor or pharmacist if you have questions or worries about your medicines or how you feel.

Don’t wait until it’s an emergency!

Bring all your medicines in a bag to appointments.

Check which to start, to stop, and to continue.

Dispose of unused medicines.

See your state’s medicine disposal card for safe disposal tips.

Tips

Stay safe: Do not take other peoples’ prescriptions.

Stay on schedule: Use a pillbox, reminder tool or smartphone to help.

If you are taking:

Antibiotics
Take exactly as instructed until gone, unless your doctor tells you to stop.

Blood Thinners (Anticoagulants)
Notify your doctor if any signs of bruising or bleeding.

Diabetes Medications
Ask about diet, exercise and when and how to check your blood sugar.

Pain Medication
Talk with your doctor about addiction risks, storage and disposal.

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